

THE UPRIGHT RIBCAGE

Special 1-day course

Charlotte (Matthews), NC

Drake Neuromuscular Therapy 4001 Campus Ridge Road Matthews, NC 28105

Fri, Sep 11, 2020 Class begins at: 9:00 am

Register Early! \$169

Lead Instructor: Chris Pohowsky, Certified Rolfer CE Credits: 8 | CAMT Credits: 1

This special stand-alone class continues with myofascial techniques that dramatically improve your ability to work with the ribcage and related structures such as the spine, diaphragm and mediastinum. Increase your effectiveness when working with back pain, rib pain and injuries, ligament and joint conditions, respiratory issues, surgery recovery, thoracic stability, scoliosis and postural issues, and movement limitations.

To Register: www.Advanced-Trainings.com

3514 Nyland Way, Lafayette, CO 80026 | info@advanced-trainings.com

1-877-499-8811

