

# ADVANCED-TRAININGS.com

## Advanced Myofascial Techniques



CAL 200312 MR2

## THE UPRIGHT RIBCAGE

Special 1-day course

### Bay Area (Livermore), CA

Purple Orchid Wine Country Resort And Spa  
4549 Cross Road  
Livermore, CA 94550

Thu, Mar 12, 2020  
Class begins at: 9:00 AM

**Register Early! \$169 before Thu, Feb 13, 2020 \$189 after.**

Lead Instructor: Bruce Nelson  
CE Credits: 8 | CAMT Credits: 1

This special stand-alone class continues with myofascial techniques that dramatically improve your ability to work with the ribcage and related structures such as the spine, diaphragm and mediastinum. Increase your effectiveness when working with back pain, rib pain and injuries, ligament and joint conditions, respiratory issues, surgery recovery, thoracic stability, scoliosis and postural issues, and movement limitations.

**To Register: [www.Advanced-Trainings.com](http://www.Advanced-Trainings.com)**

3514 Nyland Way, Lafayette, CO 80026 | [info@advanced-trainings.com](mailto:info@advanced-trainings.com)

**1-877-499-8811**

NCBTMB APPROVED PROVIDER



Advanced-Trainings.com is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a Continuing Education Provider under Category A. Other types of CE credit are also available – please inquire.